

# NANOGIRLS

## GREAT SCIENCE ADVENTURES

Here's Nanogirl's recipe for making blubber

### INGREDIENTS

Cooking fat, butter or margarine  
Two plastic sandwich bags  
Ice  
A bowl of water

### METHOD

Fill a bowl with water and ice cubes to make it super cold.

Using a spoon, put the cooking fat into one of your plastic bags.

Take the second plastic bag and put your hand in it, like a glove. This is going to keep your hand from getting very messy and will mean you can reuse the cooking fat.

Put your covered hand into the bag containing the fat and press it around so that it covers your fingers.

To test your blubber, put both of your hands into your bowl of freezing water.

Don't leave your un-blubbered hand in for too long, but you should find your blubber hand is nice and toasty, even in the cold water.

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